



# Wild at Heart

## February Activity Pack

February is here, and winter is slowly coming to an end. This month we are focusing on the magic above, the awe and joy that we receive as we take in the beauty of the sky, the shapes within the clouds, the stars that twinkle, and the moon that lights up the night. February is known for the 'Snow moon', which is the full moon that happens during this month, and was named after the snow on the ground in the Northern Hemisphere.

In this month's pack we are providing you with colouring sheets, puzzles, a fun star gazing activity sheet, and a lunar calendar to help you observe the fascinating phases of the moon.

Have fun,

[www.wildsheffield.com](http://www.wildsheffield.com)

# How to go stargazing

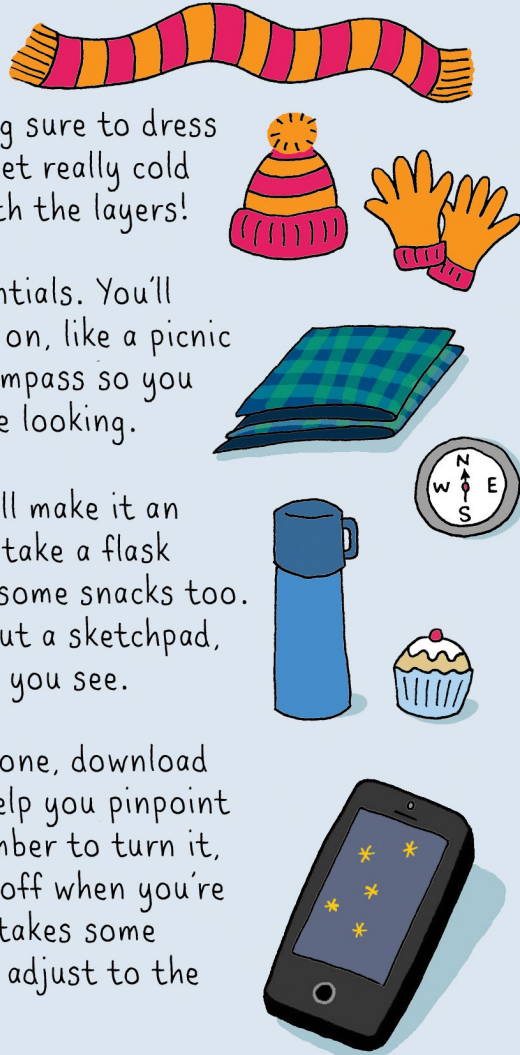
Read up on all the super interesting mythology and folklore surrounding the stars in our sky!



You don't need a telescope to see the beauty of the night sky...

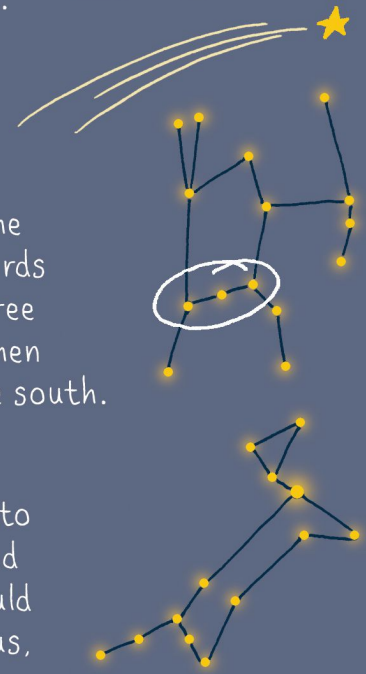
## How to prepare

- 1 The first step is making sure to dress appropriately. It can get really cold at night so go wild with the layers!
- 2 Don't forget the essentials. You'll need something to lie on, like a picnic blanket, and also a compass so you know which way you're looking.
- 3 The non-essentials will make it an extra special evening: take a flask of hot chocolate and some snacks too. You could even take out a sketchpad, so you can draw what you see.
- 4 If you have a smartphone, download a stargazing app to help you pinpoint constellations. Remember to turn it, and any other lights, off when you're ready to stargaze. It takes some time for your eyes to adjust to the darkness.



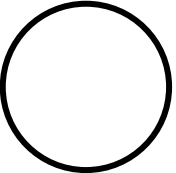
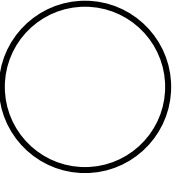
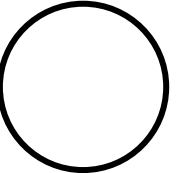
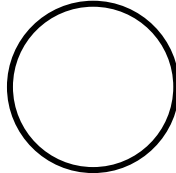
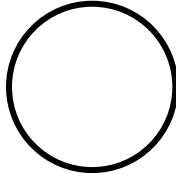
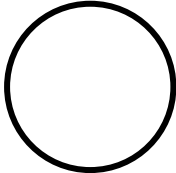
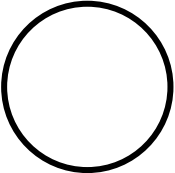
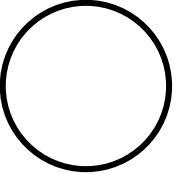
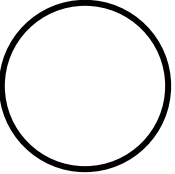
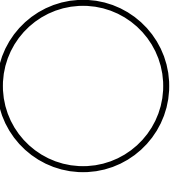
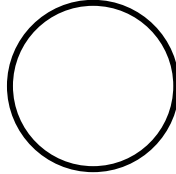
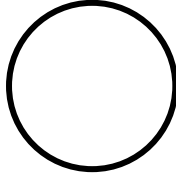
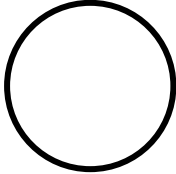
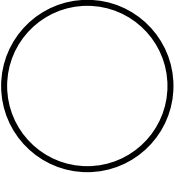
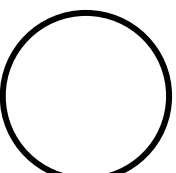
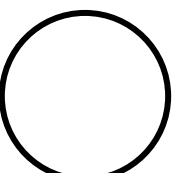
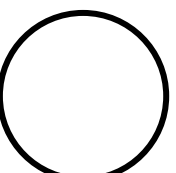
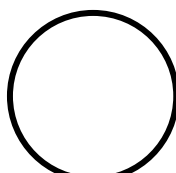
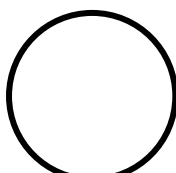
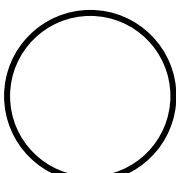
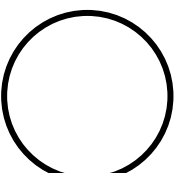
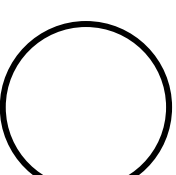
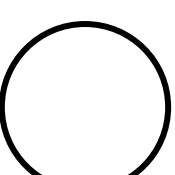
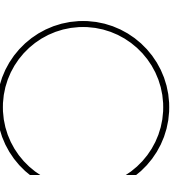
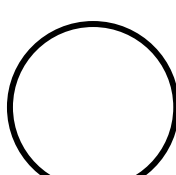
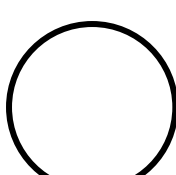
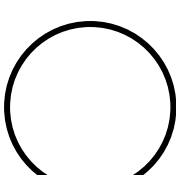
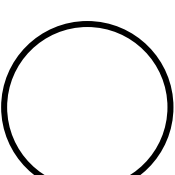
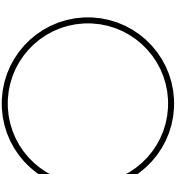
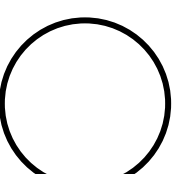
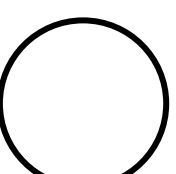
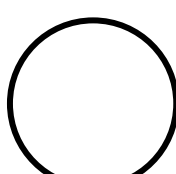
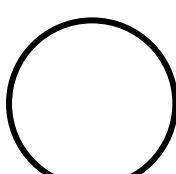
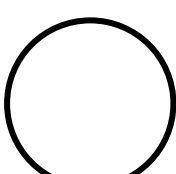
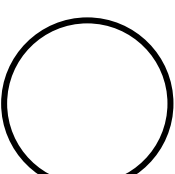
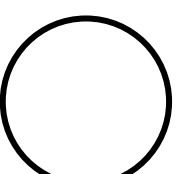
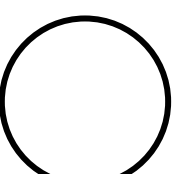
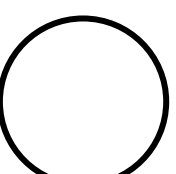
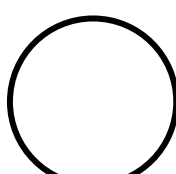
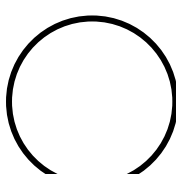
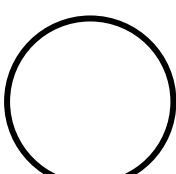
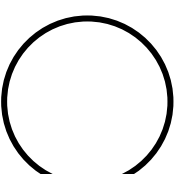
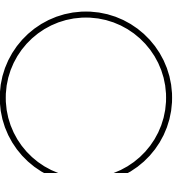
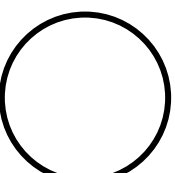
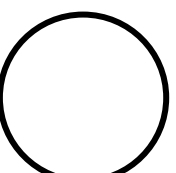
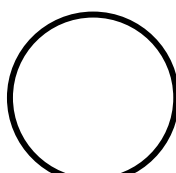
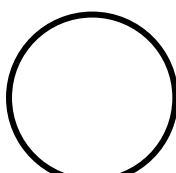
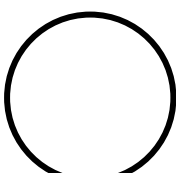
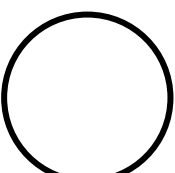
## What to look out for

- 1 Watching the sunset is a magical start to any stargazing adventure.
- 2 If you're really lucky you might see a shooting star – don't forget to make a wish!
- 3 Look for constellations. One of the classics is Orion's Belt. Look towards the southwest and try to spot three bright stars close together, and then two stars to the north and to the south.
- 4 Canis Major (it means greater dog in Latin) is another constellation to look out for and is found down and to the left of Orion's Belt. It should be easy to spot as it includes Sirius, the brightest star in the sky!
- 5 Keep an eye out for satellites. These will be slowly moving across the sky and not flashing.



# my Lunar Calendar

To fill in my lunar calendar, number the days of the month. Then for each day, observe the moon, then draw its phase.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						
						
						
						
						
						
						



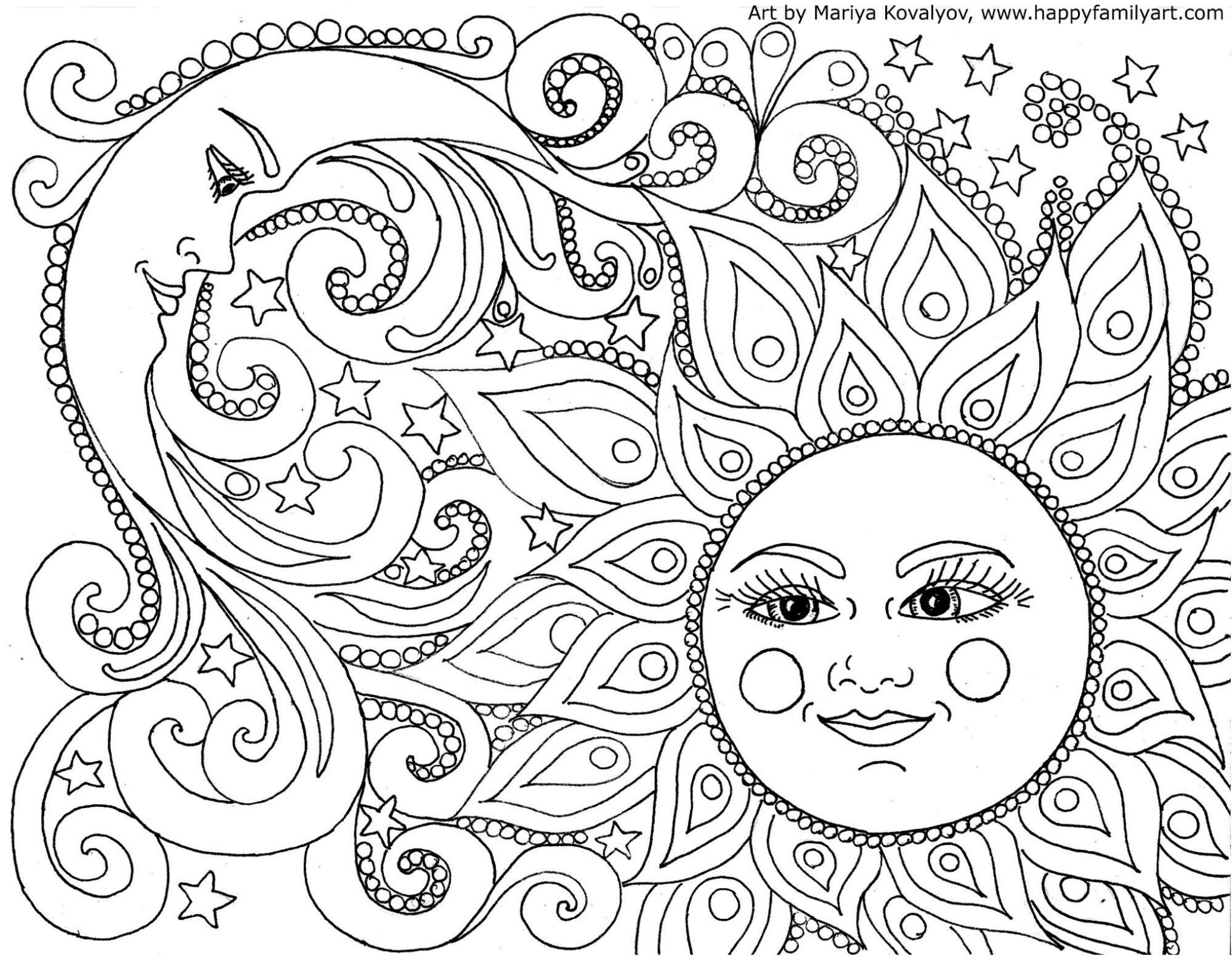












# How to make nettle soup

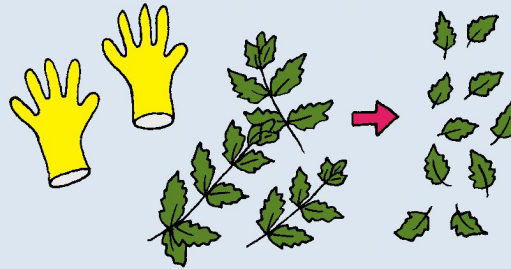
Get your gloves on to forage for nettles  
- once cooked they taste a bit like spinach. Mmm!

You will need

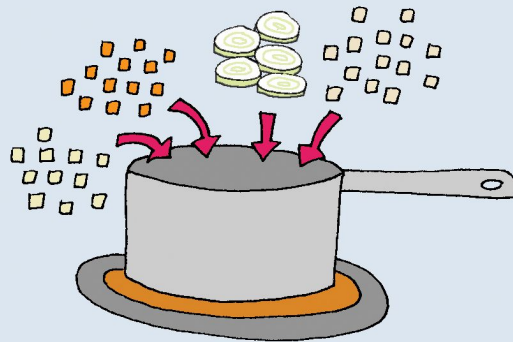
- Rubber gloves
- 400g stinging nettles
- 1 tbsp olive oil, plus extra for drizzling
- 1 onion, chopped
- 1 carrot, diced
- 1 leek, finely sliced
- 1 large floury potato, thinly sliced
- 1 litre vegetable stock
- 50g butter, diced
- 50ml double cream
- Large pan
- Wooden spoon
- Blender



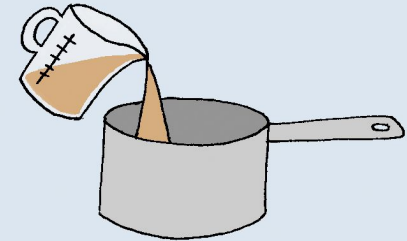
1 Wearing your rubber gloves, wash the nettles, then pick the leaves off the stalks.



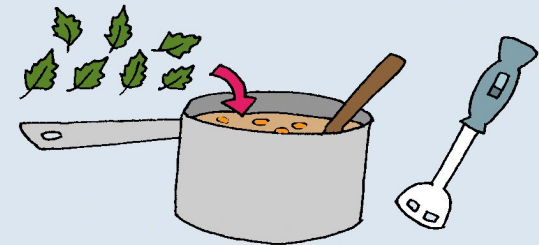
2 Heat the oil in a large saucepan over a medium heat. Add the onion, carrot, leek and potato, and cook for 10 minutes until the vegetables start to soften.



3 Add the stock and cook for a further 10-15 minutes until the potato is soft.



4 Add the nettle leaves, simmer for one minute to wilt, then blend the soup.



5 Season to taste, then stir in the butter and cream. Serve the soup drizzled with extra oil.





# Clouds

**Did you know clouds have names too?!**

**See if you can find all the types of clouds in the Word Search below.**

X	E	U	B	G	M	H	E	R	Z	K	S	M	B	Z	Q	C	L	S	D
C	I	R	R	O	S	T	R	A	T	U	S	L	D	O	W	I	T	T	J
U	E	U	D	U	Q	I	L	I	V	Q	G	D	S	N	J	P	I	R	W
M	D	N	A	J	O	X	L	Z	U	O	I	W	P	T	Y	P	A	A	S
U	Q	A	G	L	O	G	Z	J	X	C	W	O	T	Q	R	T	Y	T	R
L	H	N	Y	A	T	X	S	G	U	E	H	F	R	G	J	A	L	O	D
O	L	H	E	V	Y	O	I	R	O	S	L	Y	B	D	T	B	T	C	U
N	P	I	H	G	T	B	C	N	I	M	B	O	S	T	R	A	T	U	S
I	Y	X	H	A	B	I	R	U	F	F	C	L	N	M	I	J	M	M	S
M	P	V	G	L	J	S	F	V	M	B	C	K	W	T	D	H	K	U	R
B	Q	Q	H	T	W	I	W	E	E	U	O	U	M	L	R	J	Y	L	R
U	S	X	Z	W	E	T	D	W	V	N	L	C	M	Z	V	C	I	U	A
S	Z	Q	T	F	G	W	M	K	I	S	I	U	F	U	G	Z	G	S	L
C	F	C	I	R	R	O	C	U	M	U	L	U	S	K	L	Q	X	V	Q
U	I	W	I	Q	Q	M	N	X	F	K	U	N	F	K	J	U	B	N	U
G	T	R	V	S	O	B	I	J	A	K	W	G	X	A	N	C	S	B	P
N	O	D	R	F	Z	G	F	A	L	T	O	S	T	R	A	T	U	S	A
U	T	L	A	U	X	V	F	H	D	Z	V	J	L	D	Q	V	L	Y	G
G	P	D	T	I	S	R	J	S	C	V	M	S	D	N	B	L	B	M	I
D	X	E	B	T	Z	P	K	T	Y	J	Q	O	K	U	U	M	J	Q	R

Cirrus

Alto cumulus

Strato cumulus

Cumulo nimbus

Cirrocumulus

Altostratus

Stratus

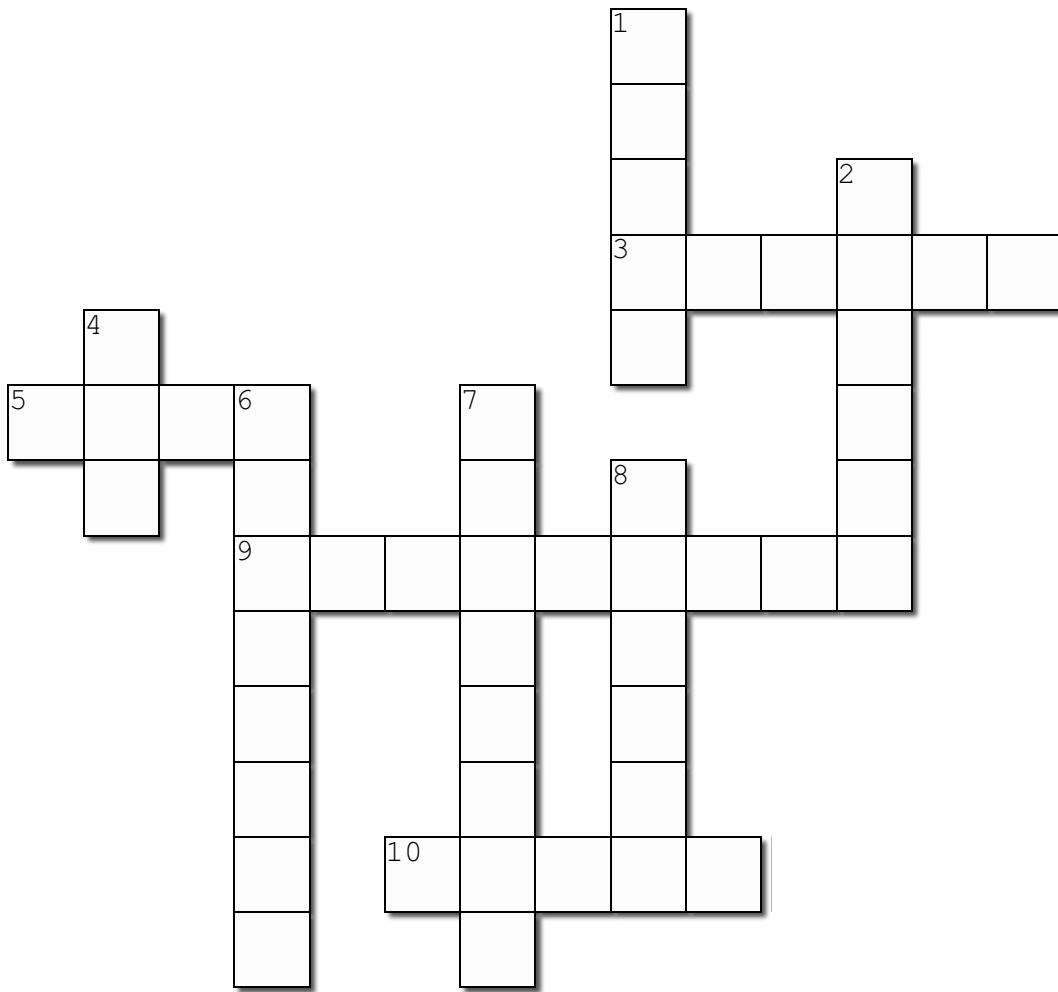
Cirrostratus

Nimbostratus

Cumulus

# Cryptic Nature Crossword

Can you work out what these nature-themed cryptic clues are describing?



Created using the Crossword Maker on TheTeachersCorner.net

## Across

- 3. Jump to it! It's that time of year! (6)
- 5. Butterfly relative, and wears a dusty cloak (4)
- 9. A lion-yellow flower with a fluffy seed 'clock' (9)
- 10. Some love the smell of freshly cut \_\_\_\_\_, other's just blow their noses at it! (5)

## Down

- 1. A girl's name, which makes floral chains (5)
- 2. Homing bird who might carry your mail (6)
- 4. Cunning and bushy-tailed (3)
- 6. Beatrix Potter's Mrs Tiggy-Winkle was one (8)
- 7. A red beetle that is no gentleman (8)
- 8. They bring rain, wind, and snow (6)



# Full Moon Names

Many ancient cultures like Anglo-Saxons and Native Americans had a name for the full moon each month of the year, themed around nature or traditions in that month. Can you find each Full Moon Name for 2021 in the Word Search?

V P Q U M F J A Y P Y E U W V V V O F E  
 S K E E G S E V C Q O Z U D Z X L C P P  
 V H Y V F L O W E R X D M S S Y Z C I K  
 Z V U T W Q E H U J V Z O Z Z W E E N C  
 J U O G O U T Q V M I U V K S E X I W P  
 G Q N K L I W S C K R I O K K S P U B R  
 P M W B F E T Z H L N P O M R H X G E D  
 B D A Q S T R A W B E R R Y N J N M T F  
 W K C U O U T M O N K J E D X X R S I B  
 I G C S I I S E P N Q Q G P L O E C F D  
 Q X M C S F Q Y P W E S N O W V J Q J N  
 F C M D T G J A A Y Q F L N R T R F S Q  
 K L E B U W A B J M D T U A U W H P Z T  
 O Z N P R U Q M G L O V H K L G A J J L  
 L G Y Y G R K W N J A E Y B S K M L G V  
 T Q J F E Z D L K O O P T R C F N C P G  
 K K F V O Y K R N M R I J U V Y P C E O  
 K P A S N U S D M M D D B H P C O V G H  
 V E Z G N D E R U D K C E B S K V L V H  
 B K X M K S V L X A J N G N J K L S G L

Wolf (January)

Pink (April)

Buck (July)

Blue (October)

Snow (February)

Flower (May)

Sturgeon (August)

Beaver (November)

Worm (March)

Strawberry (June)

Harvest (September)

Quiet (December)

# Phases of the Moon

Find each phase of the moon in this Word Search!

Why not look outside tonight and see if you now can tell what stage the moon is at!

Y E W A X I N G G I B B O U S H C X E J  
 F L S N E D O Q R N Z J N S T K X W H K  
 S I V C S O I C O E H O U U H R C Z I N  
 J Z R J K X J O Z T O O S H I Z M C B T  
 X X J S F T M F C M B W L Q R U S Y L H  
 W B F B T W A R L B K T N L D A U P A J  
 H E W Y E Q V L I P B M M M Q J J F F T  
 S W G N Z Q U G S X Q G G X U K Y I N C  
 R I A A L F G A P Q Q A L L A V S E I V  
 R L L E J N A T R L K R M D R R C V G N  
 J W P E I N N G V T X X G W T S O V L N  
 X K E N I Y N N V O E G H Z E U I C S R  
 X N A J Q U H I E S T R Q R R L Q Q O U  
 N W U W J Z W A X I N G C R E S C E N T  
 Z B A H N V Y J P L Y G V O W A X X O S  
 W A T B Z M V L B C N Z B W J T P K K Q  
 E T D W X B B A G I U H H F E B N R T D  
 V U L J L D W Y N A Y B Y W R F W C T W  
 L E C S Y I P A N S Z V M N J M B O S G  
 W K S S G G W D L T A M R F O X B E J G

- 
- |                   |                    |                   |
|-------------------|--------------------|-------------------|
| 1. New Moon       | 2. Waxing Crescent | 3. First Quarter  |
| 4. Waxing Gibbous | 5. Full Moon       | 6. Waning Gibbous |
| 7. Third Quarter  | 8. Waning Crescent |                   |